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Collaboration between ELICOS department & UON Sydney





Activities

- 1. Communicate at Beehive Industries
- 2. Tea at 3
- 3. Sports Start-up
- 4. The Welcome Dinner Project
- 5. Wrap With Love

To facilitate meaningful engagement opportunities to international students outside the classroom environment in order to enrich the general student experience.

2016 = 23 different kinds of activities





Nationality	Low	High
China	39.8%	55.3%
Mongolia	11.8%	28.8%
India	4.8%	22.3%
Vietnam	10.5%	17.2%





Research on Social Engagement LONELINESS

Loneliness and international students: an Australian Study

- 200 students interviewed
- Two thirds of the group experience loneliness and/or isolation
 - 1. Personal loneliness = loss of family
 - 2. Social Loneliness = loss of networks
 - 3. Cultural loneliness = loss of preferred cultural and/or linguistic environment





Research on Social Engagement LONELINESS

Most international students belong to collective societies and they feel that they are not prepared for independent living and often lack the skills and knowledge of surviving in an individual society.

(Khawaja & Stallman, 2011)

- 1. Personal loneliness = loss of family
- 2. Social Loneliness = loss of networks
- 3. Cultural loneliness = loss of preferred cultural and/or linguistic environment

Same-culture networks are vital (Sawir, et al., 2008)





Research on Social Engagement LONELINESS

- 1. Personal loneliness = loss of family
- 2. Social Loneliness = loss of networks
- 3. Cultural loneliness = loss of preferred cultural and/or linguistic environment

- Students display poor decision making and study skills
- Display anxiety towards social situations
- Withdraw from otherwise enjoyable activities

social alienation





Research on Social Engagement RELATIONSHIPS

"Research has demonstrated a relationship between having more host country friends and satisfaction, contentment, social connectedness and decrease in homesickness"

(Hendrickson, Rosen & Kelly Aune, 2010. p 281)

La Trobe University

Multicultural Intervention Program

participants developed a greater
number of new friends, especially
local Australians
(Sakurai, McCall-Wolf, & Kashima,
2009)

Enabling students to create a bond with locals gives them a sense of belonging and provides social networks which help dissipate loneliness.

(Sawir, Marginson, Deumert, Nyland & Ramia, 2008)





1. Communicate at Beehive Industries



2. Tea at 3







3. Sports Start-up





4. The Welcome Dinner Project



5. Wrap With Love





Challenges

1. Must have a leader



- a) Makes them feel safe
- b) Makes them feel comfortable

Encourages them to face the unknown







Working with challenges

1. Must have a leader

- a) Use an existing leadership program as an incentive
- b) Organisers take turns to lead the activities
- c) Recruit ELICOS leaders and start an in-house ELICOS leadership program





Challenges

2. Timetable

Activity	Participants (June)			Participants (October)				
Tea at 3	8	7	6	5	15	16	17	16
Communicate at Beehive Industries	12	18	17	18	8	5	6	3
Speed Conversation	11	12	10	16	4	5	4	0
Vocational English	12	10	10	11	8	5	3	4





Working with challenges

2. Timetable

- a) Incorporate the activities into the curriculum
- a) Schedule activities during lunch break

Activity	Participants before incorporation			aft		cipants orpora		
Tea at 3	8	7	6	5	18	17	17	18
Communicate at Beehive Industries	8	6	4	7	15	16	14	15





Challenges

COMMUNICATION

3. Break cultural barriers at both ends

Wrap With Love

"Can boys sew?"

Tea at 3 (speaking with high school students)

"Why do you want me to speak with children?"

"What can I learn from them?"





Working with challenges

3. Break cultural barriers at both ends

- a) Deliver a Speaking-to-Australians Workshop to class
 - Work/study lifestyle for the average teenager
 - body language
 - polite conversation

- b) Provide a leader for the high school students
- Make sure they can speak to someone about anything at all times





Challenges

4. Planning for correct numbers

Estimate

- 1. Cut the numbers of participants by half
- 2. Add an extra 10%

For example

12 Students signed up 6 will come

2 random

TOTAL 8





Learning Experience

"Cultural contact is a way for individuals to form beliefs based on information rather than stereotypes"

(Hendrickson, Rosen, & Kelly Aune, 2010, p. 290)

Community Activities

- Older people
- Teenagers
- Australian people
- Other international students
- People of varied cultures
- People of different faiths





Learning Experience

Fort Street High School students

- Aurora
- Mina

Ex-ELICOS student

Tina





Community Engagement Programs

- Expose students to a diverse group of people
- Allow students to build confidence
- Develop communicative and social skills
- Connect with and contribute to a community
- Give international students a sense of belonging



References

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