

Team Building Strategies

- Welcome to the workshop
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An overview

- Introduction: what is teamwork?
- Why teamwork
- Warmer with your team
- Reflection: can you see the benefit of teamwork training in your workplace/classroom? What would it involve?
- How teamwork training was developed at CET
- Three aspects of team building
- An application of each aspect
- Reflection on the value of teamwork for classes and peers



What is teamwork?

Teamwork

- * relies on <u>personal versus positional power</u>
- * assumes all members can assume all roles in a group
- * relies on consensus
- * encourages individual motivation and interdependence
- * challenges traditional hierarchical power structures++





- 1. The current workplace:
- a. competition
- b. resource depletion
- c. skill and knowledge transfer
- 2. The value of teamwork:
- a. focus on work role
- b. shared workloads
- c. mentoring and team teaching



Why teamwork for teachers?

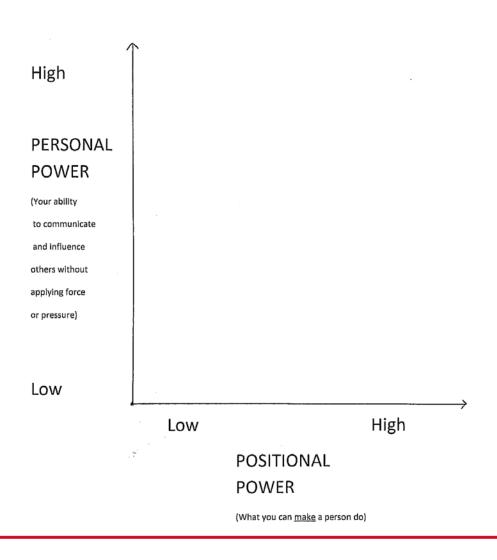
Applications in the workplace and in the classroom

- Workplace:
- creates a learning environment

- Classroom:
- university graduate attributes



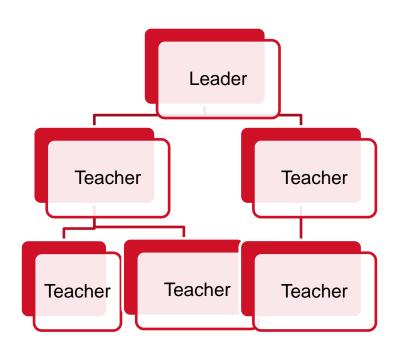
Personal versus Positional Power





Challenging traditional power structures

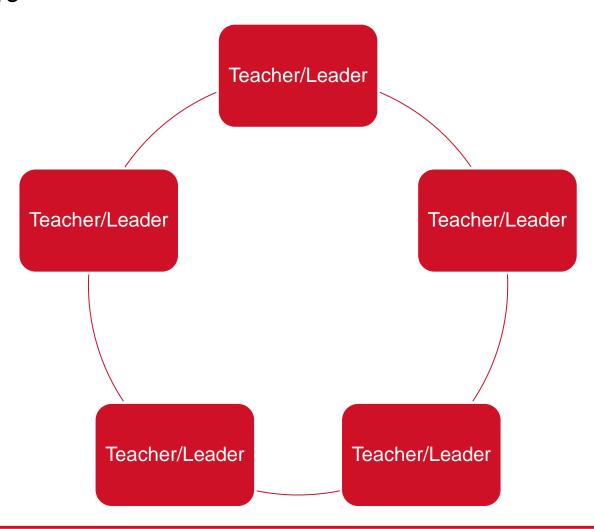
Hierarchical structure





Challenging traditional power structure

Team structure



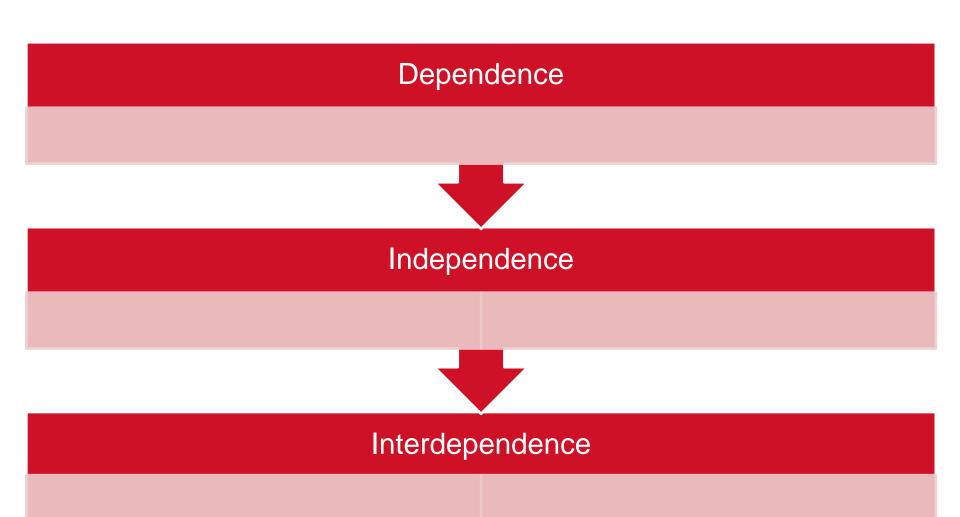


3 Stages of Development

- 1. Personal growth (Covey)
- 2. Interpersonal growth (Listening Theory)
- 3. Social growth (De Bono)



Stephen Covey's Theory





Moving to interdependence

To improve the effectiveness of teamwork by:

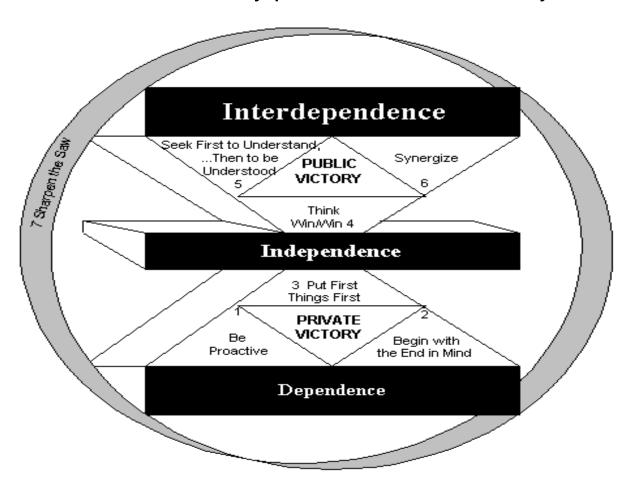
* Learning about and reflecting on Stephen Covey's habits of highly effective people

- * discovering personal growth strategies
- * creating personal and interpersonal effectiveness
- * exploring how we can more efficiently delegate our time



Overview of Covey's Theory

Private Victory precedes Public Victory





Habit 3: Put First Things First

	Important	Not important
Not urgent	II. Effectiveness	IV. Waste
Urgent	I. Necessity	III. Deception



Habit 3: Put First Things First

Identify what's important to head to your destination

Fill in the Proactive Time

Management

Worksheet

	Urgent	Not Urgent
	Ι	II
⊨l	ACTIVITIES:	ACTIVITIES:
Important	Crises	Prevention
ğ	Pressing problems	Relation ship building
Ē	Deadline-driven projects	Recreation
-		New opportunities
_	III	IV
мот шпрогтапт	ACTIVITIES:	ACTIVITIES:
5	Interruptions	Trivia
-	Some phone calls	S om e mail
5	Some mail	S om e phone calls
2	Some meetings	Time wasters
	Popular activities	Pleasure activities



Habit 3: Put First Things First

Moving into Quadrant II.:

- It's OK to say 'No'. Say 'Yes' to important Quadrant II priorities these are more fundamental, highly important things. Say 'No' to other activities
- Prioritise time spent on activities which will help you to achieve your mission statements
- Balance the various roles in your life
- Organise weekly, adapt daily



Moving from independence to interdependence

- Interdependence is desirable because by working together we can accomplish more
- 3 habits to achieve interdependence
- Moving from "I" to "we"



Using listening theory to develop interpersonal growth

Active listening and giving feedback



"Communication is managing miscommunication."



What is listening?

- Listening versus hearing
- Active listening
- Learning to listen
- Listening for:

- Enjoyment
- Information
- To help/ to give feedback



What are the obstacles to effective listening?

"Most people don't listen, they just take turns to speak"





How to listen effectively

- Remove distractions and maintain focus on the speaker
- Actively participate both verbally and non-verbally
- Paraphrase to check
- Ask questions
- Sometimes just listening is good enough
- Remember and recall later
- Sometimes feedback is required



How to listen to the message

- Understand the content of the statement
- Respond to the feelings underlying the statement
- EXAMPLES
- A + B: Focus on content
- Ask questions and paraphrase
- Questions for elaboration: What else? Tell me more.
- Questions for detail: Yes/No questions. Wh- questions
- Paraphrasing: What you're saying is... You mean...



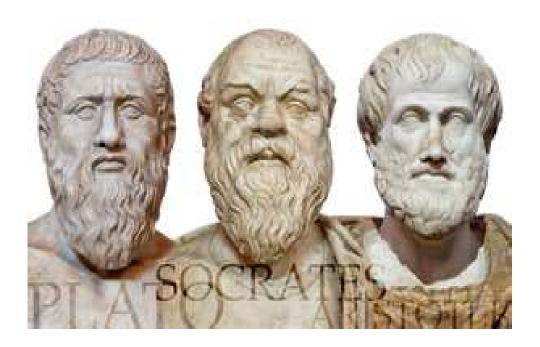


Role play



Traditional Thinking

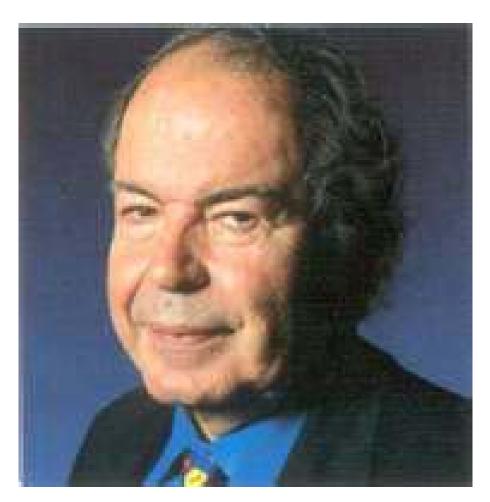
• Developed 2,400 years ago by Plato, Socrates and Aristotle





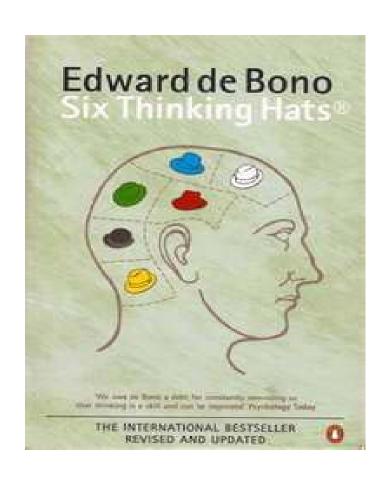
Edward de Bono (1933 -)

The Father of Lateral Thinking



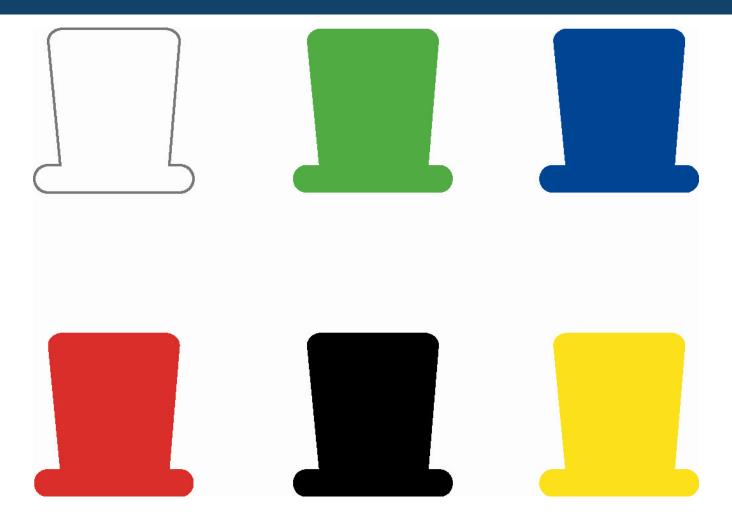


Six Thinking Hats (1985)





Parallel Thinking







 Reflect on the benefits of teamwork in your workplace and share this with your group.



Final reflection

What is the value of teamwork for teachers?





- Thanks for listening
- Good luck with your team building!
- References:
- De Bono, E. (1985) Six Thinking Hats. Penguin. London England
- Covey, S. (1989) The Seven Habits of Highly Effective People.
 Retrieved from www.change-management-coach.com/stephen-covey.html
- De Vito, J.A. (1992) The Interpersonal Communication Book. Harper Collins.N.Y.