The Creative Injection
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Warm up discussion

- What does creativity mean to you?
- What gets your creative juices flowing?
- How can someone increase their creativity?
- How do inject creativity into your classroom?
- Which creative person do you admire and why?
Outline

- An overview of the precepts of “The Artists’ Way” by Julie Cameron
- Principles & weekly themes
- The pages
- Teacher creativity
- Applying the precepts to student activities
- Conclusion
Basic Principles: some of them

1. Creativity is the natural order of life. Life is energy: pure creative energy.

2. There is an underlying, in-dwelling creative force infusing all of life - including ourselves.

3. When we open ourselves to our creativity, we open ourselves to the creator's creativity within us and our lives.

4. We are ourselves, creations. And we in turn, are meant to continue creativity by being creative ourselves.” Cameron (1995)
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<thead>
<tr>
<th>Safety</th>
<th>Connection</th>
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<tr>
<td>Identity</td>
<td>Strength</td>
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<td>Power</td>
<td>Compassion</td>
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<td>Integrity</td>
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<td>Autonomy</td>
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<td>Abundance</td>
<td>Faith</td>
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Stream of consciousness writing 2-3 pages

Mental ‘junk’ out

Clarity of mind

Emotional charge removed

Allows for action
Teacher applications

- Do the pages
- Assists in clarity
- Goals clarified
- Priorities ordered
- New ideas flow
Other applications

- Safety: support network
- Possibilities: experiment with new/different ideas
- Self-care: nurturing, nutrition and adequate rest
- Connection: making alliances to generate positive energy/ideas
- Rewards/positive self talk
Student activities

- The pages: stream of consciousness writing
- Oral presentation: someone they admire
- Self-awareness: VARK & Myers Briggs
- Self-care: nutrition/rest/exercise
Student activities continued

- Rewards for doing things well/completion
- Positive self-talk
- Music for motivation
- Art gallery - Oral presentation
Conclusion

- Injects new ideas both for the teacher and the student
- Facilitates the teachers understanding of their current cohort
- Strengthens engagement
- Promotes self-awareness and understanding
- Be willing to try new things and use different approaches
- See the students creativity; release and encourage it
References

Bibliography

- Beam, M.T. Celebrate your Creative Self North Light Books Ohio 2001
- Loscutoff, L. L. Painters Wild Workshop Rockport Publishers Ohio 1999
- Sark A Creative Companion: How to free your creative spirit Celestial Arts Berkeley California